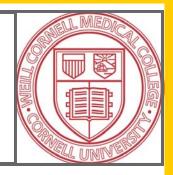


## STUDY OF GENETIC AND DIETARY EFFECTS ON DIABETES AND HEART DISEASE





Are you: South Asian or Caucasian?

18-35 years old? Lean?

Non-Smoker? Not on any medications?

\*This study is being done because South Asians suffer from heart disease and diabetes more than other groups.

\*Fructose is a sugar widely used in the American diet that may increase risk for diabetes and heart disease.

WCMC
IRB APPROVED
Approved:
12/20/2012
Expires:
11/25/2013

\*Genetic differences in the response to fructose may help explain the differences in disease between South Asians and Caucasians.

## **Participation Involves:**

- 1. Review of medical history by telephone and in the research center, including personal questions such as illegal drug use and HIV infection, physical exam, blood, and urine tests.
- 2. A second visit to measure the effects of fructose in blood samples taken before and 4 hours after a sweet beverage.



## Volunteers will be compensated up to \$150

If you are interested in the study, please call: Darwin Bernardez at 646-962-8313

or email dab2049@med.cornell.edu

IRB Protocol # 1110011995

